

Building a Better Us: Understanding Systemic Oppression & Defining Critical Race Theory

Here is a list of readings/resources that will be helpful for folks who are wanting to educate themselves more fully on the subject.

- [Intercultural Development Inventory | IDI, LLC \(idiinventory.com\)](https://www.idiinventory.com/)
- [Garcia, M., Kosutic, I., McDowell, T., & Anderson, S. A. \(2009\). Raising critical consciousness in family therapy supervision. *Journal of Feminist Family Therapy*, 21\(1\), 18-38.](#)
- [Kosutic, I., Garcia, M., Graves, T., Barnett, F., Hall, J., Haley, E., ... & Kaiser, B. \(2009\). The critical genogram: A tool for promoting critical consciousness. *Journal of Feminist Family Therapy*, 21\(3\), 151-176.](#)
- [McDowell, T., Knudson-Martin, C., & Bermudez, J. M. \(2019\). Third-order thinking in family therapy: Addressing social justice across family therapy practice. *Family Process*, 58\(1\), 9-22.](#)
- [Knudson-Martin, C., McDowell, T., & Bermudez, J. M. \(2019\). From knowing to doing: Guidelines for socioculturally attuned family therapy. *Journal of marital and family therapy*, 45\(1\), 47-60.](#)
- [D'Arrigo, P. J., Hoff, C., Knudson, M. C., & Tuttle, A. \(2017\). Navigating Critical Theory and Postmodernism: Social Justice and Therapist Power in Family Therapy. *Family Process*, 56\(3\), 574–588.](#)
<https://doi.org/10.1111/famp.12236>

The following books were mentioned in the presentation:

- Crenshaw, K. W. (Ed.). (2019). *Seeing race again: Countering colorblindness across the disciplines*. Univ of California Press.
- Delgado, R., & Stefancic, J. (2017). *Critical race theory*. New York University Press.
- DiAngelo, R. (2021). *Nice Racism: How Progressive White People Perpetuate Racial Harm*. Beacon Press.
- Ladson-Billings, G. (2009). *Race still matters: Critical race theory in education* (pp. 120-132). Routledge.