

2025 WAMFT Board Candidates

At Large Board Member

Baine Craft, PhD, LMFTA



As a Licensed Marriage and Family Therapy Associate (LMFTA) currently building my private practice, I am deeply committed to advocating for both clients and fellow therapists. I am honored to put my name forward for the WAMFT Member-at-Large position.

My professional journey has taken me through multiple roles that have prepared me well for this opportunity. In addition to my clinical training as an LMFTA, I hold a PhD in Experimental Psychology. Over the past two decades, I have served as a university psychology professor, researcher, and administrator. These experiences have allowed me to work collaboratively with others, engage in complex problem-solving, and provide leadership through challenging times. They have also given me a detailed understanding of how policies, education, and organizational culture shape both the development of therapists and the care that clients receive. In all contexts, I strive to bring openness, curiosity, and sensitivity to diversity as I collaborate with others. For these reasons, I feel passionate about the role of organizations like WAMFT.

If elected to the Member-at-Large position, I would be eager to serve wherever the Board needs additional support—whether on committees, special projects, or initiatives that advance training, supervision, and advocacy. As someone new to private practice, I am particularly interested in supporting other therapists who are also beginning their private practice journeys, as well as fellow LMFTAs. I would also welcome opportunities to contribute to legislative and public policy work, ensuring that Marriage and Family Therapists remain visible and valued in Washington's broader mental health landscape.

I am prepared to commit the time, energy, and care that this three-year role requires. I would be honored to contribute my background as an educator, researcher, therapist, and advocate to help WAMFT continue its vital work of supporting our profession and the communities we serve.

E. Sally Lee, LMFTA, Ph.D.



I am grateful for the opportunity to submit my candidacy for the role of Member-at-Large on the WAMFT Board. My journey to become a systemic therapist has been a deeply transformative experience for me—one that has shaped not only my professional identity but also my personal growth. My desire to serve stems from a commitment to further expand my horizon by engaging with a professional community that cultivates inclusivity, collaboration, and advocacy.

Before becoming a therapist, I worked in a variety of settings, each of which gave me an understanding of many different opportunities and challenges faced by individuals and systems. These experiences have enriched my ability to approach situations holistically and with empathy.

My background in teaching has equipped me with practical knowledge in curriculum design and instruction that is rigorous and responsive to diverse needs. My years in analytical roles have sharpened my capacity for critical thinking and strategic data driven decision-making. Working as a leader, I've had the privilege of managing and coordinating multidisciplinary teams and fostering collaborative and inclusive culture.

If elected to serve as a member-at-large on the WAMFT board, I will bring my varied background and experience to support in any way I can best contribute. I am especially excited about supporting continuing education and fostering connections in the WAMFT community.

Thank you for your consideration. I look forward to the opportunity to collaborate and grow.

AnneMarie Murdock, MA, LMFT, NCC



I am AnneMarie Murdock an LMFT in private practice since 2017 in the small community of Yelm, Washington. I have worked in both community health through Greater Lakes Mental Health care during my clinical internship, and have been contracted with DCYF for the State of

Washington since 2017. I have been a member of WAMFT first as a student member, affiliate, and now as a clinical fellow. I attend and enjoy the WAMFT conference every year. I am honored to work with Katie Jo Glaves on the Ethics Committee since June of this year. Although I am relatively inexperienced in volunteering at WAMFT, I have many years of experience volunteering for many other organizations, including schools, non-profits, and clubs. As a creative person, and someone who enjoys a

social get together, I have lots of ideas on organizing events and boosting member participation. I am willing to commit to the time required to fulfill this role, and would be at the events even if I wasn't part of the board. I highly value collaboration and making our time together at WAMFT enjoyable and worthwhile. I believe and support the mission of WAMFT; particularly the efforts to advocate for our profession in Olympia, and also the dedication to bringing along future therapists.

Student Board

Katie Ellis



I am excited to run for the position of Student Board Representative with WAMFT! As a Master's student in Couple and Family Therapy at Antioch University Seattle, I am passionate about representing the voices of my peers, building connections between students and professionals, and contributing to the growth of our field in Washington State.

My journey into this profession began in a very different world, the fashion industry, where I quickly learned the power of networking and collaboration. Those lessons have carried over into my work as a therapy student, where I have seen how vital it is to create spaces where students and professionals can connect, share knowledge, and inspire each other. I want to help students see the value of engaging with WAMFT, leaning into

opportunities like Mentor Day, and finding encouragement from being part of a larger community.

I bring leadership, advocacy, and creativity to this role. At PROVAIL, I advocate daily for adults with disabilities, partnering with businesses to create customized employment opportunities. This work has sharpened my ability to listen, collaborate, and push for inclusion. In my previous academic career, I earned a Master's in Fashion Design and conducted original research with focus groups and prototype design, which gave me skills in research, problem-solving, and innovation. I also served as a Graduate Student Government Senator and co-chaired the Events Committee at the University of Delaware, where I loved planning programs that brought people together.

What sets me apart is my passion for advocacy and my commitment to creating spaces where all voices are valued. I bring a bubbly, can-do attitude and a fresh, creative perspective to problem-solving. My peers know me as someone who gets fired up about supporting others, who makes people feel included, and who brings energy and optimism into every project.

Students are the future of our field, and I believe WAMFT has the power to help us feel connected, supported, and inspired. It would be an honor to serve as your Student Board Representative and to bring my passion, creativity, and dedication to this role.

Holleigh Humhart, MS



I'm offering my name to serve as a WAMFT Student Board Member. I'm a non-traditional student, mid-career, mid-life, a parent of two, beginning my trail in the therapy field. One thing I know to be true on any path is how vital it is to have, build, and tend community, especially while we learn new landscapes. I came to therapy after years coordinating programs, facilitating hard conversations, and holding safety and accountability in real-world systems. I also had the privilege to have seasons of full-time caregiving at home with my children in their early years. That background, together with my lived experience has honed my logistics and facilitation skills and deepened my compassion for many walks and chapters of life. As a current student, I also get to be led while I listen and learn. While I wear many hats and play many roles in my life, I gravitate toward spaces where I get to serve as a connector. I can envision myself in this role helping weave relationships between programs, mentors, supervisors, and students across Washington, while also connecting with, and learning from, those who have been stewarding this field for years.

I'm also a student who works within university systems, so I'm keenly aware of the conundrums of academia: shifting licensure requirements, rising costs, and the changing and paradoxical scenery of higher education, especially through a social justice lens. I've researched multiple paths toward licensure and felt the friction first-hand, be it quarter vs. semester calendars, evolving practice standards, accreditation road humps, and the invisible labor of navigating it all. In the moments I've wanted to crumble, the support that has kept my goals in sight, has been the relationships I've built with other students and new associates, and all the mentors along the way. My hope in this role is simple: help students band together, compare paths, and share practical wisdom and resources..... ya know, the kind that turns

doing it alone to doing it together! How do we support each other in the process? How do we lean into the wisdom of those who came before us? For me, that's the fruit of community and community service.

My orientation is consent-based and culturally responsive, tapped into a fountain fed by love and joy, and also one that sees beauty in the transformation and evolution of our pain, grief, and darkness.....all while living with the chaos around us and noticing what resonates inside. In past experiences, I have co-founded community embodiment spaces that honor body diversity and gender expansiveness, and I've helped navigate post-COVID parenting and community re-engagement from a health and safety lens. The relational work that I am here for keeps me grounded in anti-racist, trauma-informed practice and relational accountability. Within those practices, I aim to develop and foster tools like careful listening, intention setting, connection and resource sharing, and these are what I would bring to student representation. I strive to approach board work with humility and curiosity: learning the rhythms, offering thoughtful student perspective when needed, and connecting dots so students can access mentorship, programming, and professional webs of support.

To be honest, I wasn't sure I should run. But as I sat with it and wrote this statement, my body gave me a clear yes.....an alignment with a dash of butterflies. I feel ready to learn a new pathway, stretch beyond my previous professional comfort zones, contribute thoughtfully, learn and unlearn, and help knit together a student community that is informed, supported, and welcomed into the wider web of professional growth that goes on and on.

Thank you for your consideration, and for all you do to sustain and grow our field.

Myko Nguyen



I'm writing to express interest in the Student Representative position and to share with you some pertinent background about myself, as well as my perspective on why I'd make a stellar Student Rep.

I'm currently a 1st year graduate student at Antioch University Seattle working towards a Masters in their Couples and Family Therapy program. Alongside being a full-time student, I also serve as the current Secretary for Antioch's Student Council, which is currently being formed under the collaboration and support of its students and faculty. I started out as a vocal student sharing my perspective and questions at Antioch's quarterly community meeting. There, I quickly

found like-minded fellow students who wished for greater student participation, representation and change as it relates to the overall student experience. Amidst the school's large-scale overhaul currently affecting its program, curriculum, staff, and subsequently, the overall student experience, I wanted to be part of spearheading change and making valuable impact. I, along with a few (but mighty!) student members, have been researching, talking to students and administration to lay the building blocks for this Student Council. I don't see myself as just another student passing by, but rather, I see an obligation to myself and my fellow Antiochians to improve upon the systems in which we must operate. It is for that reason my fellow council members and I are working to improve the trust, communication and connection between faculty and staff and to hopefully make a positive impact for the CFT program.

It has been my experience that while most students want their program experience to improve, most do not know where to begin, how to proceed, nor do they have the desire or personal bandwidth to take part in pushing for change. This is where my professional experience puts me in a unique position to succeed. Before my current path, I worked in the Advertising & Marketing space for 15 years. My role was that of a business director, with core responsibilities around client relations, team and business management. I most recently led business and operational growth at an advertising startup in 2024 before pivoting to begin grad school. This career path rewarded me with many transferable skills, including leadership, mentorship, strategic & critical analysis, and complex problem solving. My line of work oftentimes required me to represent a large body of differing perspectives, advocating for the best solutions, and bringing fresh thinking to an old problem. I'm more than confident that with the proper guidance, my existing skillset serves as a solid foundation to perform the essential functions for a Student Rep.

I'm interested in the WAMFT Student Representative role because I believe that it's an honor to be able to represent people. I believe in making valuable and relevant impact to the field because progress requires in taking responsibility for more than just yourself. I believe in doing work that ripples.

I'd love to be considered. Thank you.

Treasurer

Charity Francis Laughlin, LMFT-S, CST



Hi! Thank you for the opportunity to serve our community as WAMFT's next Treasurer. I graduated from Seattle University's Master of Arts in Couples and Family Therapy program in 2019 and currently serve as Director of Relational Therapy at a private group practice that offers therapy for individuals and relationships at the intersection of relationships and sexuality. I also supervise emerging MFTs as an AAMFT Approved Supervisor. From my prior career in startup finance, I bring experience in business, accounting, and financial forecasting, and I would be honored to put these skills to work in service of our MFT community here in Washington.

I first became involved with WAMFT as a MFT student and served as At-Large Board Member 2020-2022. During that time, I chaired the Legislative Committee, furthering WAMFT's advocacy goals in Washington State, and also volunteered on various WAMFT committees. In the role of Treasurer, I look forward to collaborating with our MFT community to strengthen our profession in Washington and influence systemic change grounded in justice, liberation, and healing. Economic and emotional sustainability of our MFT profession is a topic close to my heart, and I look forward to working alongside MFTs across our state as we creatively address today's challenges to sustainability.

In my lifetime I have experienced diverse contexts and roles, including remote Alaska and

Hawaii (childhood haunts), the urban milieu of Seattle proper, the world of startup finance, education/academia, community mental health, and private group practice. These diverse experiences, along with my MFT training, have helped me learn to listen deeply and speak across different worlds. I hope to work with WAMFT to bring the unique systemic MFT voice and perspective to the larger systems in which we are embedded, so that together we can better serve our clients while creating a sustainable future for our work.

Outside of my professional life, I enjoy spending time with loved ones, being active through yoga, dance, and surfing, and finding creative outlet through painting and time by the ocean.

Elections Committee

No applications received. The Elections Committee invites you to write in a qualified and willing candidate who is a member of WAMFT.